



1

God gave us the Bible to teach us about who He is and how He wants us to live. God chose people to write His Word down and that's what we read in the Bible.

One of those people is named David. David loved God, and he wrote many songs and poems about who God is and how much He loves us.

The songs and poems David wrote are called psalms and we can read them in the Bible.



2

In one of his psalms, David wrote, "I have hidden your word in my heart, that I may not sin against you."

David knew that if he learned God's words and kept them close to his heart by remembering them and thinking about them, then God's words would always help him.



3

When we read and learn God's Word, we are hiding it in our hearts.

When we hide God's Word in our heart, it will always be with us and help us make right choices.

God gave us His Word, the Bible, and it helps us every day!