



# MAY FAMILY ACTIVITIES

Your family might be in a more stable rhythm by now, but we know creativity is still super important. Instead of trips to playgrounds, inflatable parks, or libraries, you have to create fun for your kids at home. No pressure, right? Let our monthly activities resource do the hard work for you! We've compiled seasonally-appropriate (and social-distancing approved!) crafts, games, activities, and recipes to help you engage with your kids without extra effort. To find instructions for each of these activities, check out the Elevation eKidz Pinterest board for **May Family Activities**.



## Make this stay-at-home Mother's Day one to remember!

We've gathered some great self-care tips for all the moms who might be feeling as stir-crazy as your kids by this point, so if you're a mom, be sure to set aside some time for yourself on May 10! Dads, if you need help figuring out how to make this Mother's Day special, we've got something for you, too — there's a whole section filled with simple ways you can honor the moms in your life!

## Quiet the cries of "I'm bored!" before they even happen.

We know kids might be getting a little stir-crazy, so we've assembled some "boredom busters" you can keep on hand, including systems that will encourage your kids to problem-solve on their own without all the whining!

## Laughter can still be the best medicine.

Why have we all been meme-binging lately? Because allowing ourselves a moment to laugh lifts our spirits. Try out a few of these kid-friendly jokes and giggle-inducing games when you want to see some smiles in your home!



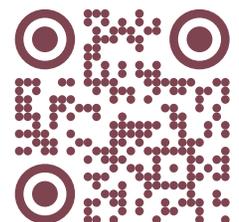
## Try a new outdoor activity to get some wiggles out.

Staying at home doesn't mean your kids have to stay inside the house. Help your kids enjoy the spring sunshine and get rid of their excess energy with these fun outdoor games and activities.

## Make Scavenger Hunt Day an epic event for your kids.

May 24 is Scavenger Hunt Day, and there are TONS of fun scavenger hunts you can send your kids on without leaving your home. Many even have free printable clues or instructions, so you can just click "print" and let your kids run with it!

Use your phone's camera or QR code app to open the Pinterest board.



Don't have your phone? View all the activities at [tinyurl.com/MayFamilyActivities](https://tinyurl.com/MayFamilyActivities)