

MOTION PARENT GUIDE

1ST - 5TH GRADE

HOW DOES GOD SHOW HIS LOVE TO YOU? | PHILIPPIANS 4:8

As a family, watch this week's video and then discuss a few questions together.

QUESTION 1:

What stood out to you the most from the message in the video? What is one thing you learned?

QUESTION 2:

Why do you think it's hard to control your inner critic?

QUESTION 3:

What is one trash-thought you wish your inner critic would stop saying to you? How can you fight that trash with God's truth? *(e.g., memorize Bible verses, learn what God really thinks about you by reading the Bible, talk to a trusted adult about truths you can use to fight this trash-thought, write out God's truths and hang them where you'll see them often, etc.)*

FAMILY ACTIVITY: PHILIPPIANS 4:8

WHAT YOU NEED: paper, crayons, or markers

WHAT YOU DO: Have each person write down Philippians 4:8 in a different way to help your family memorize it. After everyone is done, place the pieces of paper around your house to help your family remember that our thoughts drive what we say and do.

WAYS TO WRITE THE VERSE:

- Write the verse using different colors.
- Write the verse as small as you can.
- Write the verse with your other hand (not the one you usually write with).
- Write the verse as large as you can.