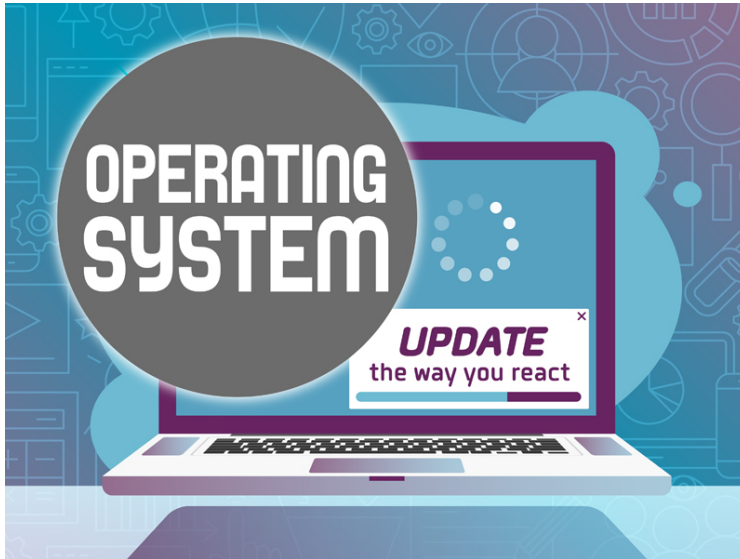




WEEK OF
JANUARY 19,
2019

motion

GRADES
1-5



SERIES OVERVIEW

As we follow Jesus, His love transforms us. His Spirit gives us the power to show self-control. We can follow His example and choose to do what we should do — instead of what we want to do.

VIRTUE: SELF-CONTROL

CHOOSING TO DO WHAT YOU SHOULD
EVEN WHEN YOU DON'T WANT TO.

WEEKLY MAIN POINTS

Week 1: Doing what you should can keep you safe.

Week 2: Think before you lose your temper.

WEEK 3: CHOOSE YOUR WORDS CAREFULLY.

Week 4: Know when to stop.

WEEKLY BIBLE STORIES

Week 1: City with Broken Walls • Proverbs 25:28

Week 2: Slow to Anger • Proverbs 16:32

WEEK 3: CHOOSE YOUR WORDS CAREFULLY • PROVERBS 12:18

Week 4: Too Much of a Good Thing • Proverbs 25:16

SERIES MEMORY VERSE

“His divine power has given us everything we need for a godly life.”
2 Peter 1:3a, NIV

KID CONNECT

KID CONNECT is a time to welcome kids to eGroup with a fun activity to help them feel comfortable and guide them in connecting with the eGroup Leader and each other.

KID CONNECT ENDS WHEN THE WORSHIP EXPERIENCE BEGINS.

VIRTUE: SELF-CONTROL

Choosing to do what you should even when you don't want to.

MAIN POINT

Choose your words carefully.

BIBLE STORY

Choose Your Words Carefully
Proverbs 12:18

MEMORY VERSE

"His divine power has given us everything we need for a godly life."
2 Peter 1:3a, NIV

SLAPJACK

WHAT YOU NEED: Motion check-in sheet (1), Motion playing cards (2 decks)

WHAT YOU DO:

- Start by introducing yourself and welcoming kids to your eGroup. *As kids come in, write their names and tag numbers on the Motion check-in sheet.*
- Ask them about their week and interests. Use the following questions to generate discussion:
 - What's something cool that happened this week?
 - Have you _____ (seen/eaten/listened to/read) any good _____ (movies/TV shows/food/music/books) lately?
 - What are you looking forward to next week?

Once you have five to six kids begin playing Slapjack.

- Seat kids in a circle. If you have more than six kids, split them into two groups. Other kids can be added to either group as they come.
- Deal one deck of cards as evenly as possible among players. Stack any extra cards face up in the center of the group.
- Each player should stack their cards facedown in front of them.
- Instruct one player to start the game by quickly turning the card from the top of their stack over onto the pile in the middle. The next player will do the same. Play continues this way until someone turns over a Jack.
- When a Jack is turned over, players compete to be the first to slap the Jack to win the pile of cards. The winner places the pile of cards they won under the others in their stack.
- If more than one player slaps the Jack, the player whose hand is at the bottom wins.
- If a player incorrectly slaps the pile when no Jack was played, the player must give a facedown penalty card to the player who played the card.
- Players who have no more cards to play (or players joining them game after it has started) may try to slap their way back in.
- The person who collects all the cards wins.
- Variations to try as time allows:
 - Players can slap an Ace to win all of the cards from another player of their choosing.
 - Have each player "count" as he plays a card. The first player says "Ace," the next says "two," and so on up to "King." If the card played matches what the player said, then the first person to slap wins the pile.
 - Make the object of the game to be first to get rid of their cards. The last player to slap the Jack must take all the cards from the pile.

GROUP CONNECT

In the **GROUP CONNECT** activity, kids will get to know each other and review the Motion rules.

After this activity, GO TO LARGE GROUP.

VIRTUE: SELF-CONTROL

Choosing to do what you should even when you don't want to.

MAIN POINT

Choose your words carefully.

BIBLE STORY

Choose Your Words Carefully
Proverbs 12:18

MEMORY VERSE

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2 Peter 1:3a, NIV

REACTION CONTROL CORNERS

WHAT YOU NEED: no supplies

WHAT YOU SAY:

"Welcome to eGroup! My name is _____ and I'm your eGroup leader! As an eGroup we will hang out together during Motion, hear stories from the Bible, learn what it means to live for Jesus, and play games! Before we go any farther, let's get to know each other a little better."

WHAT YOU DO:

- Point out four corners of the eGroup space and number them one through four.
- Read the first question below, along with the four potential answers for the question, and encourage kids to choose their answer by standing in the corner with the same number.
- Once all kids have chosen a corner, tell kids to introduce themselves to at least two other kids in the same corner.
- Repeat for the second question.

WHAT YOU SAY:

"Let's see who would choose the same answer as you!"

- "Which word do you wish people would never say again?"
 - Corner 1: Moist
 - Corner 2: Floss
 - Corner 3: Pudding
 - Corner 4: Spiders
- "When you're upset, how are you most likely to speak?"
 - Corner 1: Kind words, calm tone
 - Corner 2: Kind words, angry tone
 - Corner 3: Angry words, calm tone
 - Corner 4: Angry words, angry tone

WHAT YOU DO:

Encourage kids to sit in a circle.

WHAT YOU SAY:

"Before we head to Large Group, let's review our three Motion rules:

1. **Jump in!** What can you do to help yourself stay engaged in the Motion experience? (*participate in discussions, games, and activities; worship enthusiastically; have a great attitude*)
2. **Listen up!** How can you show respect to others? (*listen to and follow leaders' directions, stay quiet when others are talking*)
3. **ACT out!** ACT stands for **A**ccept others, **C**hoose kindness, and **T**ake responsibility. How can your actions help others have a great experience?" (*intentionally include everyone, use kind words, keeping my hands to myself, owning my actions*)

YOU CONNECT

In the **APPLICATION** activity, kids will apply the main point to their personal lives.

VIRTUE: SELF-CONTROL

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MAIN POINT

Choose your words carefully.

BIBLE STORY

Choose Your Words Carefully
Proverbs 12:18

MEMORY VERSE

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WORDS MATTER

WHAT YOU NEED: Mad Libs story sheet (1), dry erase sleeve (1), dry erase marker (1)

WHAT YOU DO:

- Don't let kids see the Mad Libs story sheet before completing the activity!
- Put the Mad Libs story sheet in the dry erase sleeve.
- Encourage kids to help you complete the story by asking them to give you a word to write on each blank according to the word type under the blank.
- Read the completed story to kids using the words they chose to put in the blanks.

WHAT YOU SAY:

“That story came out sounding pretty crazy! We put a bunch of random words in the story because we didn't know what it was about. If you had known what the story was about, you might have chosen different words.

The words we use have a lot of meaning. We choose certain words instead of others based on the message we want people to hear or how we want them to feel. That's why it's so important to choose your words carefully, so you can use your words to build people up instead of tearing them down.

Let's try this story again, but this time, since you know what it's about, you can choose words that make more sense!”

WHAT YOU DO:

- Erase the words from the first round.
- Read the story aloud to kids, this time pausing each time you come to a blank for kids to give a word that makes sense in that blank. Write their new words in the blank.

YOU CONNECT

DISCUSS how the main point applies to kids' personal lives and spend time in **PRAYER** with your eGroup.

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MAIN POINT

Choose your words carefully.

BIBLE STORY

Choose Your Words Carefully
Proverbs 12:18

MEMORY VERSE

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DISCUSSION AND PRAYER

WHAT YOU NEED: no supplies

WHAT YOU SAY:

- "Why are your words so important?"
- "If you say something kind in an angry or mean way, what do you think people hear — your words or the way you said them?"
- "What are the consequences of forgetting to choose your words wisely?"
- "Just because something is true, does it mean it's okay to say it? Why or why not?"
- "How do you determine if something is necessary or right to say?"

SUGGESTED PRAYER:

"God, thank You for loving us and for giving us the ability to build people up with our words. Thank You also for forgiving us when we don't choose our words carefully. Help us remember to be kind to people and to use our words to encourage them instead of tearing them down. We love You. In Jesus' name, amen."

BIBLE CONNECT

In the **BIBLE STORY** activity, kids will interact with the Bible story they heard in Large Group. **After this activity, GO TO LARGE GROUP.**

VIRTUE: SELF-CONTROL

Choosing to do what you should even when you don't want to.

MAIN POINT

Choose your words carefully.

BIBLE STORY

Choose Your Words Carefully
Proverbs 12:18

MEMORY VERSE

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LAST KID STANDING

WHAT YOU NEED: no supplies

WHAT YOU DO:

- Instruct kids to turn to Proverbs 12:18 in their Bibles. (**NOTE:** This may take time, but it helps kids learn skills for reading the Bible on their own. If needed, encourage kids to use the table of contents in their Bible, and then decide if the book is in the Old or New Testament.)
- Review Proverbs 12:18 with kids. Remind kids that when we don't have self-control, our uncontrolled words can hurt others.
- Explain kids will stand completely still and listen carefully for you to say the verse correctly. Sometimes you'll change a word in the verse, but they should only move if you say all the right words.
- When you say the verse correctly, kids will race to hop on one foot five times. The last two kids to hop on one foot five times will sit down.
- Repeat until there is only one kid left standing. The last kid standing wins!

WHAT YOU SAY:

"Listen carefully for me to read the verse correctly!"

- "The words of the reckless pierce like swords, but the tongue of the wise brings hurting."
- "The wealth of the reckless pierce like swords, but the tongue of the wise brings healing."
- "The words of the righteous pierce like swords, but the tongue of the wise brings healing."
- **"The words of the reckless pierce like swords, but the tongue of the wise brings healing."**
- "The words of the reckless pierce like scales, but the tongue of the wise brings healing."
- "The words of the reckless pierce like swords, but the trail of the wise brings healing."
- **"The words of the reckless pierce like swords, but the tongue of the wise brings healing."**
- "The words of the reckless punch like swords, but the tongue of the wise brings healing."
- **"The words of the reckless pierce like swords, but the tongue of the wise brings healing."**
- "The words of the reckless pierce like swords, but the tongue of the wise buries healing."
- "The words of the reckless pierce like swords, but the tongue of the weird brings healing."
- **"The words of the reckless pierce like swords, but the tongue of the wise brings healing."**
- "The words of the restless pierce like swords, but the tongue of the wise brings healing."
- "The words of the reckless pierce like knives, but the tongue of the wise brings healing."
- **"The words of the reckless pierce like swords, but the tongue of the wise brings healing."**