



## WEEK TWO

**ACTS 16:16-40**

Paul and Silas in Prison

## SAY THIS

**You can choose joy  
when life gets hard.**

## DO THIS



## MEAL TIME

Q & A for kids: Would you rather get a no-homework pass, or a no-chore pass? Why?  
Q & A for parents: What is the hardest thing you've ever accomplished? How did you feel when it was done?

## REMEMBER THIS

"But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

Isaiah 40:31, NIV

## LIFE APP

**PERSEVERANCE**—Refusing to give up  
when life gets hard