



WEEK THREE

GALATIANS 5:22-23
The Fruit of the Spirit

SAY THIS

**The Holy Spirit helps me
grow patience, kindness,
and goodness.**

DO THIS



BED TIME

As your kid settles down for bed time, work together to brainstorm a list of random acts of kindness your family could initiate this week. Maybe your family could surprise someone at the store by paying for their groceries, or your kid could take a special treat to his/her teacher. Talk about your list and get excited about surprising someone with kindness this week!

REMEMBER THIS

**"But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control."
Galatians 5:22-23, NLT**