



WEEK FOUR

PROVERBS 25:16

Too Much of a Good Thing

SAY THIS

Know when to stop.

DO THIS



DRIVE TIME

Ask your child, "What is something you just can't get enough of?" Then ask, "If you don't practice self-control in that area, what do you think would happen?" Give your child some tips on how to know when to stop with something they really love.

REMEMBER THIS

"God's power has given us everything we need to lead a godly life."

2 Peter 1:3a, NIV

LIFE APP

SELF-CONTROL—Choosing to do what you should even when you don't want to