

DAY 1

Begin your day by reading Psalm 100 out loud.

T Read Daniel 6:7-10.

In these verses we learn that King Darius had issued a decree, or law, that said anyone who worshipped someone, or something, other than him would be thrown into a den of lions. Daniel knew what would happen if he disobeyed the law but he chose to worship God no matter what.

The Bible also says he worshipped just as he had done before. Worship wasn't a one-time thing for Daniel, or something he only did at church on Sundays. Daniel made worship a part of his everyday life. The way Daniel worshipped is a great example for us to follow. We should take time each day to worship God by giving thanks to Him for who He is and what He has done.

Write down three qualities about God that you are thankful for:

- _____
- _____
- _____

Now, find a quiet place in your house to get on your knees, like Daniel. Tell God what you are thankful for. Think about how lucky you are that you can worship God freely without worrying about being thrown in a lions den like Daniel!

DAY 2

Begin your day by reading Psalm 100 out loud.

T Read Hebrews 12:28

One of the most exciting things about being a Christian is knowing that no matter what happens in our life God is in control. We can trust that no matter what we face in life God will be right there with us and in the end, if we believe in Him, we will have the victory!

This verse in Hebrews is a great reminder that God's Kingdom has the ultimate victory – it cannot be shaken. God is bigger than anything that happens in our life and that is a great reason to worship God!

Think about the things in your life that you are struggling with right now. Maybe you are nervous about going back to school, or you are having a hard time with a kid in your neighborhood, or your family is going through a hard time. Use the space below to write a prayer, thanking God that he is in control of every situation in your life.

End today by visiting the eKidz Blog (make sure to have a parent help you!). Check out the "Worship Games: Song of the Week" video and use it to sing and worship God.

DAY 3

Begin your day by reading Psalm 100 out loud.

T Read Psalm 34:1-3 and Psalm 103:1-6.

David is another great example of someone who worshipped God. In Psalm 103 David declares that he will praise God with all that he is. Then he lists out the things that he can praise God for in his life. On the line below write down two things that David is praising God for in these verses.

- _____
- _____

On the next few lines list one thing for every year of your life that you are thankful for. For example, if you are seven years old think of seven things, and if you are ten years old think of ten things that you can thank God for in your life.

1. _____	7. _____
2. _____	8. _____
3. _____	9. _____
4. _____	10. _____
5. _____	11. _____
6. _____	12. _____

DAY 4

Begin your day by reading Psalm 100 out loud.

T Read Psalm 95:1-7.

Did you know that worship, or praising God, is mentioned in some way more than two hundred times in the Bible? When something is mentioned that much, it means we need to pay attention! Understanding what the Bible says about worship will help us truly worship God every day.

Get a piece of paper or a notebook and put it next to your bed. You can title it, "My Worship Journal." Every day before you go to bed or right when you wake up, write down a minimum of three things that you can praise, or worship, God for in your life.

Whenever you are feeling down, or struggling with something go back through your Worship Journal and read the things you wrote down as a reminder of how good God is and that He deserves our worship – no matter what!

