



JANUARY FAMILY ACTIVITIES

We may have different demands on our time, but one thing we all value as parents is quality time with our kids. Whether you have 20 minutes or two hours to spend with your child today, we want to equip you with some fun ways to embrace the season together! To find instructions for each of these activities, check out the Elevation eKidz Pinterest board for **January Family Activities**.



Even When the Holidays are Over, There Are Plenty of Reasons to Celebrate!

Avoid the feelings of post-holiday letdown by taking advantage of some of the many random “holidays” this month! For National Cuddle Up Day on January 6, grab a cozy blanket and choose a book from the read-aloud suggestion list. Celebrate National Popcorn Day on January 19 with a fun popcorn craft, or try something from the collection of puzzle-based activities for National Puzzle Day on January 29!

Speaking of Random National Holidays, Don't Miss Out on National Pizza Week!

Everyone loves pizza, but you're probably wondering how people could celebrate it for an entire week. (We were, too!) Check out our National Pizza Week board for fun twists on pizza, such as pizza monkey bread, healthy quinoa pizza bites, and even dessert pizzas.

Honor Rev. Dr. Martin Luther King, Jr. by Serving with Your Family

Most people don't realize there's more to Martin Luther King, Jr. Day than just remembering the great man it's named after, but it's actually the only federal holiday set aside as a national day of service so that people can use that day to volunteer in their communities. If your family needs help connecting with an organization to serve with, talk to your campus Outreach Director or head to elevationoutreach.com to learn more about our outreach partners.



Snuggle Up Together and Check Out “Into the Portal,” Season Five!

“Into the Portal,” our eKidz podcast, has more exciting adventures with Dex and River coming your way to kick off the new year. We'll be releasing new episodes all throughout the month, and we'll also be holding a space pirate ship-building competition to let you win some cool prizes! Be sure to follow [@elevationeKidz](#) on Instagram, Pinterest, and Facebook so you don't miss out on the details.

Set Your Year Up For Success with a Family Planning Session

If someone asked you about your goals for your family in the new year, you could probably name a few — take more family trips, eat healthier meals together, spend less time in front of screens, etc. But you've probably learned by now that goals rarely happen when you don't make a plan to achieve them. Check out our post with strategies that will help your family create successful plans in 2020!

Use your phone's camera or QR code app to open the Pinterest board.



Don't have your phone? View all the activities at tinyurl.com/JanuaryFamilyActivities