

REMEMBER THIS

WEEK OF JUNE 8

Get out of your comfort zone.

Deuteronomy 31:6

WEEK OF JUNE 15

You can have confidence in God's strength.

Psalm 20:7

WEEK OF JUNE 22

Be ready to stand up for what is right.

Daniel 3:16-18

WEEK OF JUNE 29

Focus on what is fair for others.

Micah 6:8

DO THIS



MORNING TIME

Over breakfast, ask your kid to share one positive way he/she could get out of their comfort zone today and then encourage him/her to DO IT!



DRIVE TIME

As you drive, watch for people you pass who are doing something that would be outside your comfort zone (dancing wildly to the music in their car, walking to work instead of driving, etc.). Point it out to your kid, then talk about why that would be outside of your comfort zone. Explain the value you see in pushing yourself outside of your comfort zone.



MEAL TIME

Ask a kid: What would make you more uncomfortable: starting a conversation with one person you don't know, or speaking in front of a crowd?

Ask a parent: What is the most uncomfortable situation you've ever been in?



BED TIME

Read Daniel 3:13-27. Ask your kid to describe how the men showed courage, and encourage them to think about how they would respond in a similar situation. Remind them that standing up for what is right takes a lot of courage and may have a high cost, but God will always honor our decision to do what is right.